

**1/25/26:**

## **U.S. House of Representatives (CA-12)**

Lateefah Simon – Representative for California's 12th Congressional District (includes Oakland, ZIP 94606).

Ways to contact:

- Online contact form: Use the "Email Me" form on her official site's contact page.
- Oakland district office (best for local casework, events, or meetings):
  - **Phone: (510) 763-0370**
  - Mail/visit: 1 Kaiser Plaza, Suite 1010, Oakland, CA 94612
- Washington, DC office (best for policy positions, federal legislation):
  - Go to her "Office Locations" page to confirm the current DC address and phone before calling, since these sometimes change.

## **U.S. Senators for California**

California has two U.S. senators; (BOTH Democrats they both represent all Californians, including 94606.)

- Adam Schiff – U.S. Senator (California)
  - DC mailing address: 112 Hart Senate Office Building, Washington, DC 20510
  - To get his current phone numbers and state office locations, use the official Senate contact directory or his Senate website.
- Alex Padilla – U.S. Senator (California)
  - DC mailing address: B03 Russell Senate Office Building, Washington, DC 20510
  - For phone and California office details, use the same Senate contact page or his official site.

You can always reach any senator's office by asking the U.S. Capitol Switchboard at (202) 224-3121 to connect you.

**REPUBLICAN STATE REPS**

**Senator Megan Dahle (1st District** – far Northern CA, including Shasta, Butte, Nevada, etc.)

- Capitol: 916-651-4001 [[senate.ca](#)]
- Redding district: 530-224-7001 [[senate.ca](#)]
- Chico district: 530-879-7424 [[senate.ca](#)]
- Grass Valley district: 530-271-7412 [[senate.ca](#)]

**Senator Marie Alvarado-Gil (4th District** – Foothills and Central Sierra, including El Dorado, Nevada, Placer, etc.)

- Capitol: 916-651-4004 [[senate.ca](#)]
- El Dorado Hills district: 916-933-8680 [[senate.ca](#)]
- Modesto district: 209-576-6001 [[senate.ca](#)]

**Senator Roger Niello (6th District** – parts of Placer and Sacramento counties)

- Capitol: 916-651-4006 [[senate.ca](#)]
- Roseville district: 916-772-0571 [[senate.ca](#)]
- Rancho Cordova district: 916-464-3980 [[senate.ca](#)]

## Republican U.S. Representatives from California

These are the Republican members of the U.S. House from California and their DC office phone lines.

District	Representative	Party	DC Phone
1	Doug LaMalfa	R	(202) 225-3076
3	Kevin Kiley	R	(202) 225-2523
5	Tom McClintock	R	(202) 225-2511
20	Vince Fong	R	(202) 225-2915

District	Representative	Party	DC Phone
22	David Valadao	R	(202) 225-4695
23	Jay Obernolte	R	(202) 225-5861
40	Young Kim	R	(202) 225-4111
41	Ken Calvert	R	(202) 225-1986
48	Darrell Issa	R	(202) 225-5672

If you want to reach any of them but do not know which district you live in, you can call the U.S. House switchboard at (202) 225-3121 and ask to be connected to a specific member's office.

### California State Assembly

**Mia Bonta** – Assembly District 18 (covers much of Oakland, including 94606).[\[assembly.ca\]](#) +2]

- Capitol office: **(916) 319-2018**[\[assembly.ca\]](#)
- Oakland district office (Clay St., District 18): **(510) 286-1670**[\[a18.asmdc\]](#)

**Buffy Wicks** – Assembly District 14 (covers parts of Alameda/Contra Costa; some ZIPs in Oakland overlap this district boundary).[\[assembly.ca\]](#)

- Capitol office: **(916) 319-2014**[\[assembly.ca\]](#)

(If your exact street is near a district border, use the official lookup and enter your full address to confirm whether you are in AD 18 or AD 14.)[\[assembly.ca\]](#)

California State Senate

**Jesse Arreguín** – State Senate District that includes central Oakland (Oakland district office).[\[senate.ca\]](#)

- Oakland district office: **(510) 286-1333** (1515 Clay Street, Suite 2202, Oakland, CA 94612)[\[senate.ca\]](#)

(Older local pages still list **Nancy Skinner** with the same 1515 Clay St., Suite 2202 address and **(510) 286-1333** number; that Oakland district number remains the correct line for the state senate office serving Oakland. )[havenscourt +1]

**U.S. House of Representatives (for completeness)**

**Lateefah Simon** – U.S. House, CA-12 (covers Oakland area, including 94606).[simon.house]

- Oakland district office: **(510) 763-0370**[simon.house]